

## MAKING IT UP AS WE GO: *IMPROV AND COSMIC EDUCATION*

### 1. THE PROCESS – 7 SKILLS

- i. Play
- ii. Listening
- iii. Support your partner
- iv. Play the Game
- v. Yes...
- vi. ...And
- vii. Let yourself fail

### 2. WARM UP

- i. Ball Toss
- ii. Opposites
- iii. 1, 2, 3 Count
- iv. Mirror
- v. Dancing Duo

### 3. EXERCISES

- i. I’m a Tree
- ii. Scene painting
- iii. Conducted Story
- iv. Typewriter
- v. Horn and Bell
- vi. Party Host
- vii. Slow Motion

#### 4. EXTENSIONS

- i. Dramatis Personae
- ii. Scene Paint (Street in Time, River in Time, Timeline)
- iii. Themed Events
- iv. Improv Cards for shelf

#### 5. SUMMARY OF PRACTICAL APPLICATION

- i. Curriculum
- ii. Storytelling
- iii. Performance and presentation
- iv. Grace and Courtesy
- v. Peace in Education

#### 6. RESOURCES

##### A. Books

- i. Viola Spolin, "Improvisation for the Theater"
- ii. William Hall, "Improv Games for Performers"
- iii. Keith Johnstone, "Improvisation and the Theater"

##### B. Youtube

- i. Team building
- ii. [Improv Games](#)

##### C. Local improvisers

##### D. Tilt Think (staff and student workshops)